

ITINERARY

	DAY	Details
Duration : 55 days – From 3rd November 2010 – 28th December 2010		
	0	UK - JAKARTA- Fly by Commercial carrier (tbc) Arrive at Jakarta and transfer to Hotel
MANDALA	1 – 2	Full days in Jakarta preparing paperwork
	3	JAKARTA - JAYAPURA - WAMENA – PREPARATION - HOTEL Take the Morning flight to Jayapura, ETD 05:00 (Trigana Air) - Arrival at Sentani airport of Jayapura, transfer to catch second flight to Wamena. On arrival in Wamena, we prepare everything for the expedition and buy any supplies if needed. Overnight in Hotel Pilamo.
	4	WAMENA - SUMTAMON AIRSTRIP Fly by missionary flight (Bob Roberts at AA). Arrive at remote airstrip and arrange porters for departure next day or day after.
	5	Final preparations in Sumtamon
	6 - 21	Trek in to Puncak Mandala. There are no marked trails and the airstrip is 20km away from Mandala. The going will be very slow due to multiple river crossings and the dense vegetation. Once we reach Mandala, one member of the team will set up and man a base camp, while the two climbers will ascend the steep south face over the course of two days. As the treeline extends above 4,000m, extra days may be required to complete the ascent and descent.
	22 - 31	Trek back out from Mandala to Sumtamon / Okbape
	32	SUMTAMON – JAYAPURA - TIMIKA Fly back out by missionary flight (AA). Arrive at Jayapura and transfer immediately to Timika and transfer to hotel. Carol leaves for Sudan. Meet Mark in Timika.
CARSTENZ PYRAMID	33	TIMIKA – SUGAPA or ILAGA Charter / missionary flight to Sugapa / Illaga. Negotiate access with local tribal groups.
	34	Start trekking from Sugapa for 5 days and 65 km, through local villages and over exceptionally muddy terrain. Access to Base Camp via New Zealand pass.
	35-38	Trekking in to BC
	39	Arrive at Carstenz Pyramid Base Camp late afternoon and rest
	40	BC - SUMMIT - BC SUMMIT DAY - BASE CAMP (Start Summit Bid Mostly between 01:30 - 02:00 from Base Camp)
	41	Extra day for summit
	42 – 45	Trekking back to Sugapa
	46	SUGAPA - TIMIKA Fly Sugapa - Timika - Overnight in Hotel. Mark leaves for UK.
	47	Timika – Jayapura – Wamena (2 flights) – Overnight in Hotel
TRIKORA	48	WAMENA - HABELLA LAKE - FIRST CAMP (WAMERA SHELTER) After breakfast, proceed to Habbema Lake (3,000 m) by 4WD. Arrive there, arrange the trekking tactics and start trekking for about 5 hours, up a hill and down to the Wamera valley. Reach the first camp (WAMERA SHELTER 3,200 m) and overnight here.
	49	FIRST CAMP (WAMERA SHELTER) – SECOND CAMP (ROCK CAVE) After breakfast we to continue South and trek up to Second Camp. (7-8 hours). Reach the Rock Cave (3,800 m) in the late afternoon and overnight here, this is natural cave and provide good protection from the weather.
	50	SECOND CAMP - SUMMIT CAMP After breakfast start to summit camp (4,300 m), this is just below the summit ridge. This will be about 4-5 hours trekking.
	51	SUMMIT DAY - SUMMIT CAMP - SECOND CAMP Early in the morning we bid for summit, trekking through the summit ridge (3.5 hours to the summit), then descend and lunch on the summit camp. Return to the Rock Cave for overnight
	52	SECOND CAMP - WAMERA - HABELLA LAKE - WAMENA We start very early in the morning, breakfast will be still in the dark. Lunch stop on Wamera then continue to Habbema Lake, 4WD drive to Wamena. Arrive at Wamena in the late afternoon, check in the Hotel and dinner in the local restaurant / sort kit
	53	Wamena – Jayapura
	54	Jayapura – Jakarta
	55	END EX